

Parkinson's In Your Workplace

Parkinson's is more than just a tremor. It's a brain condition that affects everyone differently. A lack of public understanding means simple things like getting the bus to work, going shopping or to the pub can be daunting.

But you can change this.

Parkinson's UK would like to offer you a free session giving your staff a better understanding of Parkinson's and the way they can support someone with the condition.

This session includes a short narrated PowerPoint presentation with video content and activities. The session is self-contained and easy to deliver requiring no prior knowledge of Parkinson's. It shows ways you and your staff can support someone with the condition and can easily fit alongside your own training.

Make your organisation more Parkinson's aware by signing up and start using this free session at www.parkinsons.org.uk/yourworkplace

One small action has a big impact on people with Parkinson's. Make the difference between a good or a bad day for someone with the condition.

Read on about who has helped test this session and their comments.

This awareness training session has been tested by three large UK companies:

- **Fuller's Inns - Kate Roy, Retail Trainer.**

"This session has already become part of the pre-opening training for 2015."

- **Transport of London - Richard Billington, Skills Development Manager.**

"I Think it would be good to roll this out across the whole network so we can support colleagues who may have Parkinson's as well as customers."

- **Arcadia Group – Mark Williams, Health & Safety Manager**

The Arcadia Group decided to raise awareness of Parkinson's by working closely with their Swindon and District Branch following an incident at one of their Swindon stores that left a customer with Parkinson's upset.

Most of us love a bit of retail therapy but for people with Parkinson's, shopping can turn into a nightmare if staff and other customers don't understand how the condition could affect their ability to get around the shops.

Making their staff more Parkinson's aware



Mark Williams, Health and Safety Manager at Arcadia Group, delivered the session to a group of store staff to see how user-friendly it is, what staff learned about Parkinson's and how they could use this to help customers with the condition.

Mark Williams hopes to spread the word:

"I would like to continue using this – for me I see it as part and parcel of equality [training] as a whole. It's made us more aware."

The store staff who took part in the session liked it too:

- "It's definitely made us more aware – I understand it a little better now."
- "The content is really good."
- "I really like that it's quite interactive."